

# Global Leadership Coach Program

Discovery to Development









### **About the Program**

This comprehensive program is meticulously crafted for individuals with a passion for excelling as Professional Coaches. Participants embark on a transformative journey, acquiring not only creative problem-solving skills but also the ability to address complex business and workplace challenges with a profound and enduring impact, positioning themselves as true catalysts for change within the realm of professional coaching.

At its core, the program is grounded in design thinking principles, offering a distinctive synthesis of strategic thinking, impactful conversations, and adaptive mindsets tailored specifically for the needs of professional coaches. Participants are empowered to evolve, continually learn, navigate challenges innovatively, and wield influence effectively in their coaching practices, aligning with the International Coach Federation (ICF) Core Competencies.

Highlighted components of this dynamic program encompass:

- 1. Creative Thinking for Complex Coaching Issues: Providing participants with the tools and methodologies needed to unravel intricate coaching challenges through innovative and creative thinking.
- 2. Systemic Mastery of Difficult Coaching Conversations: Equipping individuals with a holistic understanding of the human brain's functioning, enabling them to master challenging coaching conversations through insightful perspectives on thinking, problem-solving, and decision-making processes.
- 3. **Empathy as a Coaching Tool:** Recognizing empathy as a powerful instrument for effective coaching, participants learn to integrate empathetic approaches into their coaching repertoire, enhancing their skills in active listening and creating a supportive coaching environment.
- 4. Advanced Emotional and Social Intelligence for Coaches: Delving deep into the realms of Emotional Intelligence (EI) and Social Intelligence (SI), participants gain a comprehensive understanding and application of these essential skills to lead and influence diverse teams successfully within the coaching context.
- 5. Conversational Mastery and ICF Core Competencies: Integrating conversational skills as a cornerstone, participants refine their abilities to facilitate meaningful and transformative dialogues, aligning with the ICF Core Competencies for professional coaches.
- 6. Strategic Impact and Sustainable Coaching Leadership: Focusing on strategies that go beyond immediate problem-solving, the program emphasizes creating a sustainable and thriving coaching leadership culture, ensuring its longevity in an ever-evolving coaching landscape.

This program is not just an educational endeavor; it's a transformative experience specifically designed to elevate the skills and impact of professional coaches, aligning with industry standards and the evolving landscape of coaching practices.

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### Why Us?

### **Program Key Features**

- World-renowned faculty, globally recognized for coaching expertise.
- Complimentary access to 1000+ coaching resources.
- A rich toolbox of 100+ coaching techniques for work and life scenarios.
- Mandatory 25 hours of practice for confidence and skill building.
- 3 one-to-one sessions with master faculty.
- Support for ICF ACC and PCC exam preparation.
- Exclusive holistic coaching approach using the proprietary tool MERAKI.
- Small cohorts for personalized attention.
- Tailored mentoring and timely feedback for participant growth.
- Transformative Have-Do-Be methodology for practical, experiential learning and sustainable learning.
- Well-organized learning platform with detailed topic notes.
- Session recordings for review and catching up on missed classes.

### **Abhyudaya Key Features**

- Complementary access to the thriving coach community for learning, networking, continuous development and support.
- Access to diverse mentors for comprehensive perspectives.
- Paid work opportunities integrated into the learning experience.



### Who can benefit?

- Business Leaders, HR, L&D, and other professionals who desire to initiate career transition as Internal Coaches within organisations or as External Coaches to support leadership development in any industry.
- Business/Team Leaders who wish to enhance their problem-solving and decision-making skills through coaching.
- Professionals aspiring to develop abilities to conduct difficult and insightful conversations or feedback skills for better relationships and functioning in the workplace.
- Change Agents who wish to learn systemic thinking and team coaching skills in the organizational context.
- Culture Champions and OD Consultants.



### **Key Benefits for Participants**

#### **RESULTS AND ACCOUNTABILITY**

Executives, Leaders and Teams gain mastery in driving results and accountability through effective conversations.

#### **COACHING AS CAREER**

Internationally recognised coaching education to pursue a career as a professional Internal or External coach.

#### WORK LIFE INTEGRATION

Builds capability to create results while maintaining work life integration and balance.



### Framework

**Program Name** Global Leadership Coach Program

**Duration** 2 months to 6 months

**Recognition** ICF Level 1 and Level 2

Class Timings

Decided through a poll with registered

participants. Mostly weekend classes

**Language** English

**Total Hours** 129 (69 Synchronous : 60 Asynchronous) hours

**Mode** Hybrid, Virtual

Credential ICF-ACC and ICF-PCC

**Program Inclusions**Online classes, self-learning assignments, practice, research and mentoring and assessment.

**Program Exclusions** ICF - application and CKA fee



## **Program Options**

Program Options (Mentoring Included)	Program Briefs	Credential Eligibility
Integrated Program ICF Level 1 + 2	<ul> <li>Level 1 + Level 2 Program prepares you for ICF-ACC and PCC Credential</li> <li>Total 129 hours of coach training including 15 hours of mentoring</li> <li>22 lessons of 3 hours each 69 hours of faculty Interaction 60 hours of assignments, book readings, reflections</li> <li>Plus 50 hours of practice</li> <li>Finish the Program at your pace</li> </ul>	ACC & PCC
Level 1	<ul> <li>Total 60 hours of coach training including 10hrs of mentoring</li> <li>11 Classes of 3 hours each</li> <li>36 hours of faculty Interaction</li> <li>24 hours of assignments, book readings, reflections</li> <li>Plus 25 hours of practice to start your ACC journey within the program</li> <li>Finish the Program at your pace</li> </ul>	ACC
Level 2	<ul> <li>Total 65 hours of coach training including 12 hours of mentoring</li> <li>35 hours of faculty Interaction</li> <li>30 hours of assignments, book readings,reflectionsPlus</li> <li>10 hours of practice to start your PCC journey within the program</li> <li>Finish the Program at your pace</li> </ul>	ACC & PCC



### **Program Outlines**

#### LEVEL 1 LEARNING OUTLINES

- What is Coaching? Is Coaching an Art or Science?
- Difference between Coaching/Mentoring & Consulting
- How to conduct coaching conversations effectively?
- Re-defining values in coaching and application of the same
- Feedback process in coaching
- Understanding biases and it's role in coaching
- Competency framework of ICF (International Coaching Federation)
- Coaching tools
- Coaching Practice
- Learning to coach like ICF-ACC

#### LEVEL 2 LEARNING OUTLINES

- Deeper understanding of ICF Competencies and PCC Markers
- Understanding the difference between good to great coaching
- Coaching from context versus content
- Learning the change process and it's connection with coaching
- Learning to coach at the belief level
- Understanding psychological dynamics of communication through TA
- Learning to use creative ways of coaching
- Getting ready for PCC credential assessment



## Program Fee

### Flexibility to suit your Learning Style

Program Options (Mentoring Included)	Duration	No. of Installments	Program fee (USD)	Program fee (INR)
Level 1 (Hybrid)	3 months	2	USD 2048	1.5 Lakhs+gst
Level 1 (Virtual)	4 months	3	USD 1807	1.3 Lakhs+gst
Level 2 (Virtual)	4 months	3	USD 3012	2.3 Lakhs+gst
Level 1(Hybrid) + Level 2 (Virtual)	6 months	5	USD 4300	3.4 Lakhs+gst
Level 1(Virtual) + Level 2(Virtual)	8 months	6	USD 4000	3.3 Lakhs+gst



### **Support**

- You earn the digital badge to start positioning your education as a certified executive coach
- We start vouching for you as you become a lifetime member of our graduate directory and Coaching Community
- You become part of the alumni group for continuous development, support, Networking and opportunities



### Registrations

Write at: mansijkesarwaani@abhyudayacoach.com WhatsApp +9717737568

### **CANCELLATION POLICY**

Participants may cancel the registration anytime during the course. They will be awarded a certificate for the number of hours completed in the course. There is no refund for withdrawing from the course post the start date.



### JAYA BHATEJA, MCC, COACH SUPERVISOR

#### COACHING PHILOSOPHY

For humans to show up to the full potential, the outside-in and inside-out dynamics need to align and interplay. Our work as coaches is dedicated to bringing self and systemic awareness that can align and strengthen the core for one to take charge of the interplay.





### **LEADERSHIP ROLES**

ICF Global Board of Directors - Coach Training, Starting 2020 Capability Development Lead for Accenture Strategy Globally, Accenture, 2015 Capability Development Lead - India Training Operations, Accenture, 2011

### **EXPERTISE**

Executive Coaching, Group Coaching, Systemic Team Coaching, Coach Training, Coach Mentoring, Coach Supervision, Social and Emotional Intelligence

#### **EXPERIENCE**

More than 18 years of coaching experience with more than 8000+ coaching hours logged to credit, Jaya has coaching and mentoring experience in diverse Industries across India, Philippines, US &UK including High potential leaders, Senior Executives, Senior management professionals and entrepreneurs. She has coached across countries like US, UK, Singapore, India, Qatar, Philippines, Australia, Latvia, Switzerland, Iceland, South Africa.

#### **RECENT ACHIEVEMENTS & CONTRIBUTIONS**

100 Best Global Coaching Leader Awardee 2017 Prism Award Judges Panellist 2018 & 19 ICF Young Leader Awardee 2019 ICF Guru Award 2023



### Our Alumni Pedigree























































































### ICF Level 1 Sample Certificate





Certifies

XYZ

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#### ASSOCIATE EXECUTIVE COACH

on graduation from

#### GLOBAL LEADERSHIP COACH PROGRAM-DISCOVERY MODULE

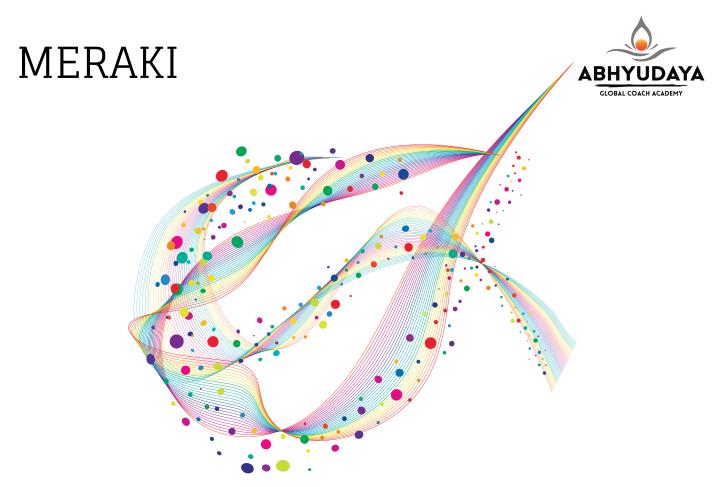
The program fulfills all the standards of Coach Training, Mentoring and Performance Evaluation as defined by International Coaching Federation (ICF)- Level 1

Graduated on 17-November-2023

JAYA BHATEJA,MCC Founder,Program Director



# "The quieter you become the more you are able to hear.- Rumi"



Creative Cards for Reflective and Generative Conversations!

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